Tacoma Human Rights Commission

STUDY SESSION

March 17, 2022

Commissioners Present: Mason Culbertson, Courtney Acoff, Keshreeyaji Oswal, Verda Washington, Laurie Lynch, Michealea Lemons, Anita Snyder, C. Ivan Johnson, Amanda Westbrooke

Call to Order: Opened meeting at 5:35 p.m.

Feedback from Community Member Panel on the State of Mental Health Presentation:

- Presenters were phenomenal.
- It was sad to be affirmed that services are not inclusive as it should for those who are Trans. Trans are grouped with gay and lesbian.
- The information about Stress Fatigue was helpful.
- Wanted more time to have a conversation about Mental Health, Let's do it again.
- The Sub-Committee of Outreach & Education came from that session with things they can do.
- The stories were very impactful; maybe next time have a "families panel".
- The discussion prompted a Commissioner to get an appointment with a Therapist.
- That session with a Therapist happened and it was the best conversation that Commissioner ever had.
- Would like to compensate the speakers with an honorarium.

Outreach & Education's Tentative Plan in Three Areas

1-pager, "What is the HRC?"

- **1.** Act as a bridge to City Council
- 2. Organize and advocate around causes.

Social Media

- It would be great to have a social media presence. If HRC had a webpage, it must sustainable.
- Social Media could be a way to do outreach.

Have a Mental Health Link Tree

Dr. Harris shared having a list of resources related to assisting those with mental-health struggles. The Link Tree could have Mental Health Providers that are taking new clients—and possible share the insurance they accept.

Tacoma Human Rights Commission BUSINESS MEETING

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Commissioners Present: Mason Culbertson, Courtney Acoff, Keshreeyaji Oswal, Verda Washington, Laurie Lynch, Michealea Lemons, Anita Snyder, C. Ivan Johnson, Amanda Westbrooke

Call to Order: Opened Meeting at 6:35 p.m.

Roll Call

Approval of Business Meeting Agenda: A motion to approve the Meeting Agenda was made and passed.

Approval of February Meeting Minutes: A motion to approve the February Meeting Notes was made and passed.

Public Comment—No public comment

Staff Report: Andreta Armstrong reported the HUD Investigator position is open, due to Wes Taylor resigning that position.

Outreach & Education Communication Strategy- Commissioner Lynch shared the same report as she did during Study Session— below:

1-pager, "What is the HRC?"

- **3.** Act as a bridge to City Council
- 4. Organize and advocate around causes.

Social Media

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Have a Mental Health Link Tree Dr. Harris shared having a list of resources related to assisting those with mental-health struggles. The Link Tree could have Mental Health Providers that are taking new clients—and possible share the insurance they accept.

Conversation with Tacoma Police Chief Moore Although Chief Moore, scheduled to share at this HRC Meeting, he did not show. Topics that approved by the Chief were:

- Chief's vision for Tacoma,
- Manual Ellis—How do we deal with the horrific situation as this?
- 21 Century Policing Report
- Reallocation of Funds

• Independent Review Board/Strengthening CPAC (Community Police Advisory Committee) Announcements:

- Laurie Lynch appointed as Educational Director for Anti-defamation League
- Great documentary about Hilltop, a Historical view. Link placed on chat.
- Commissioner Lemons is stepping down from Housing Equity Taskforce, and Commissioner Kim Washington-Watson will be replacement

Adjournment